



# Bulletin of the Rotary Club of Salamanca



### TODAY:

Club Forum



#### **On Duty Today:**

ChairAnn PalmerSteward 1Mike WoodsSteward 2Cassie van Gray

Coffee after breakfast at Birdsong Restaurant

NEXT WEEK: 9<sup>th</sup> August Una Hobday The Potential for Change in Rotary Rotary

#### On Duty Next Week:

ChairCecilia LawlerSteward 1Val ManualpillaiSteward 2Mellissa Harvey

Rotary 🛞 Club of Salamanca Board Meeting

Monday 1<sup>st</sup> August 7.00 pm



(Rotary Youth Driver Awareness) 1<sup>st</sup> - 16<sup>th</sup> August (Mon-Fri) Volunteers escort students between presentation venues in this very worthwhile project. See Pam's email of 24/07/22





Wednesday 16<sup>th</sup> November Royal Yacht Club of Tasmania

Breakfast duties: Chair: Steward 1: Steward 2: Other club members:

# Tuesday 2<sup>nd</sup> August 2022

### LAST WEEK

Yoga & PTSD & Australian Rotary Health



James Graham presented his proposed empirical research project into the benefits of yoga for veterans suffering from PTSD. While Past District Governor, and chair of Australian Rotary Health, Kevin Shadbolt outlined the programme's scope and how it can support James and the club with the yoga/PTSD research.

## Thanks from Tassie Mums



Tassie Mums posted this photo, and thanks to the club, on their facebook page (see Pam's emails of 26/07/2022).

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# CLUB CALENDAR



August (M'ship & Club Devel'mt) 1 Board meeting 1-16 RYDA 16 District Governor's visit

September (Education & Literacy) 3 Big 'O' celebration 15 RYPEN 18 Indoor bowls

October (Community, Economic Devel'mt) 15/16 Bookfest 22 'Spring Fling' 28-30 Zone 8 Conf. Canberra

November (Foundation) 11-13 District W/E Smithton new date 16 Interplast Cocktail Party 25-27 Going Wild W/E, Strathgordon

December (Disease Prevention & Treatment) 3 BookEnz stall Salamanca Mkt 4 Christmas picnic lunch







Member subscriptions (\$270) are now due: see Treasurer Tom's email of 11/07/2022 for details

Chair:Meet, greet & introduce visitors to president; run the meeting; vote of thanksSteward 1:Cash collector; record apologiesSteward 2:Heads & Tails prize; set up & pack up; corporal dutieser club members:Help S2 set up & pack up

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